



COFFEE MORNING

Programme details

**COME ALONG TO OUR FREE COFFEE MORNING!
MEET NEW PEOPLE & FRIENDLY FACES, ACCESS
COMMUNITY SUPPORT AND GET ADVICE & WELLBING
SUPPORT**

Guest Speakers

- **Outreach Kickstart Social Supermarket 6th May**
- **Cancer Focus 13th May**
- **World Alzheimer's Day 20th May**
- **Sensory Support Team 9th September**
- **Carers Event 23rd September**
- **CPR Training with Phil Duffield 30th September**
- **District Nursing 7th October**

The Bowling Pavilion beside Lagan valley leisureplex

BOOKING INFORMATION



**Every
Wednesday**



TIME

12.00PM-1.00PM



COST

FREE

**For more information or to register email:
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